

SANDWICHES

| | |
|-------------------------------|--------|
| Vegemite or Honey or Jam..... | \$2.50 |
| Cheese..... | \$3.00 |
| Egg or Curried Egg..... | \$3.50 |
| Ham or Chicken or Tuna..... | \$3.50 |
| Ham & Cheese..... | \$4.00 |
| Salad..... | \$4.00 |

SANDWICH OPTIONS

| | |
|--|------------|
| Add Meat CHICKEN or HAM or TUNA..... | \$1.00 |
| Add Full Salad..... | \$2.00 |
| TOMATO, LETTUCE, CARROT, CUCUMBER | |
| Add salad item or cheese or mayo | 50c |
| Bread Roll..... | add \$1.00 |
| Gluten Free Bread..... | add \$1.50 |
| Toasted..... | add 50c |

YOUR CHOICE OF BUTTER OR NUTTELEX



WRAPS/SALAD

| | | | |
|---|------------|-----------|--------|
| Salad Wrap 1/2..... | \$3.00 | Full..... | \$5.00 |
| Chicken/Ham/Tuna 1/2..... | \$4.00 | Full..... | \$6.00 |
| Chicken Snack Wrap..... | \$4.00 | | |
| CHICKEN TENDER, LETTUCE & MAYO | | | |
| Chicken Chilli Wrap..... | \$6.00 | | |
| Salad Box..... | \$5.00 | | |
| LETTUCE, CARROT, TOMATO, CUCUMBER, BEETROOT & CHEESE | | | |
| CHICKEN OR HAM OR TUNA OR EGG..... | add \$1.00 | | |
| DRESSING..... | add 50c | | |
| Pesto Pasta Salad | \$5.00 | | |
| PASTA, TOMATO, CUE, BABY SPINACH, CORN, RED ONION, PARMESAN CHEESE W/ PESTO DRESSING | | | |
| CHICKEN | add \$1.00 | | |



HOT FOOD

| | |
|--|--------|
| Corn on the Cob..... | \$2.50 |
| Beef Snack Pie..... | \$3.50 |
| Seasoned Potato Wedges..... | \$4.00 |
| Vegan or Vege Fried Rice (incl.egg)..... | \$3.50 |
| Low Fat Sausage Roll..... | \$4.00 |
| Bacon Fried Rice (incl. egg)..... | \$4.50 |
| Sweet Potato Chips..... | \$4.50 |
| Macaroni Cheese..... | \$5.00 |
| Butter Chicken (opt. naan \$1.00)..... | \$5.00 |



MEAL DEALS

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|---|--------|
| GREEN MEAL DEAL..... | \$7.00 |
| Toasted Sandwich, Water 600ml, Fresh Fruit | |
| CHOOSE: CHEESE or HAM/CHEESE or CHICKEN/CHEESE or TUNA/CHEESE | |
| SAUSAGE ROLL MEAL DEAL..... | \$8.00 |
| Low Fat Sausage Roll, Cake Slice, Drink, Tomato or BBQ Sauce | |
| BIG PIE MEAL DEAL..... | \$9.00 |
| Large Meat Pie, Regular Muffin, Drink, Tomato sauce & Fruit Pop | |



FROZEN TREAT

| | | | |
|--|--------|-----------|--------|
| Fruit Pop / Pineapple Ring..... | 50c | | |
| Zooper Dooper - Half..... | 50c | Full..... | \$1.00 |
| Frozen Fruit Stick..... | \$1.50 | | |
| Icy Twist / Calippo..... | \$2.50 | | |
| Low Fat Vanilla Tub | \$2.50 | | |
| Rainbow Paddle Pop | \$3.00 | | |
| Watermelon Twisted Frozen Yoghurt..... | \$3.50 | | |

SPECIALS

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|--|--------|
| TUESDAY: Dippers + Carrot Sticks | \$5.00 |
| INCL. TOMATO, BBQ OR SWEET CHILLI SAUCE | |
| WEDNESDAY: Chicken Burger..... | \$6.50 |
| THURSDAY: Hot Dog w/ sauce..... | \$4.50 |
| Hot Dog w/ cheese & sauce..... | \$5.00 |
| FRIDAY: Pizza (1st Break only)..... | \$5.50 |
| CHEESE, HAM & CHEESE, BEEF & CHEESE, VEGETARIAN | |

DRINKS

| | | | |
|--|--------|------------|--------|
| Water 250ml..... | \$1.50 | 600ml..... | \$2.50 |
| Fresh Milk 300ml..... | \$2.00 | | |
| Popper - Tropical or Apple or ABC..... | \$2.50 | | |
| Chocolate or Strawberry Milk..... | \$3.00 | | |
| 500ml Sparkling Mineral Water..... | \$3.00 | | |
| GLEE / Groove..... | \$3.50 | | |

SNACKS

| | |
|--|--------|
| Popcorn / Mini Muffin | 50c |
| Regular Muffin | \$1.00 |
| Boiled Egg | \$1.20 |
| Cookie / Cake .. | \$1.50 |
| Seasonal Fresh Fruit..... | \$1.50 |
| Apple Slinky..... | \$2.00 |
| Pea Snaps/ Jumpy's Chips..... | \$2.00 |
| Honey Soy Chicken Chips..... | \$2.50 |
| Yoghurt Tub or Custard Tub..... | \$2.50 |
| Cheese & Crackers (6)..... | \$2.50 |
| Seasonal Fruit Salad..... | \$3.50 |
| Fruit Salad w/ Custard or Yoghurt..... | \$4.00 |
| Veggie Sticks opt. Hummus..... | \$4.00 |

HOW TO ORDER



Daily Order cut off time 8.45am

Our Tuckshop's preferred ordering method is **Flexischools** for online ordering convenience.

We have EFTPOS, however we do not accept phone orders or offer credit.

Bag or Counter Orders

- List your child's name & class
- Separate bags for 1st & 2nd Break
- Details of your order
- Enclose the correct money
- Foreign coins will not be accepted
- Any change will be taped to the bag



Our Tuckshop provides healthy choices under the Queensland Smart Choices Food Guidelines, which means most of our products are school approved, healthy and delicious.

SUPPORT OUR TUCKSHOP

Tuckshop needs Volunteers to help Monday - Friday from 8.30am.

We adore Volunteers and your children love to see you at school.

You can help us by sticking order labels on bags, preparing food for daily orders, serve at the counter or to assist by doing the washing up!

Lunch and drink is provided.

Call us on 5561 4844 to register your interest. We look forward to meeting you.



Thank you for your contribution to our school community in 2024

BIRTHDAY BUCKETS

Birthday Buckets have a frozen treat for each child in the class (and the teacher too) with a balloon for the Birthday child to keep.

Only available through Online Ordering via Flexischools for Second Break.

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|--------------------|---------|
| FRUIT POP..... | \$19.00 |
| ZOOPER DOOPER..... | \$21.00 |



Convenor: Suzanne Mutzelburg

Open: Monday - Friday
8.30am - 2.00pm

Phone: 5561 4844

Email: tuckshop@arundelss.eq.edu.au

BREAK TIMES

- Senior First Break 10.40 - 11.10am
- Junior First Break 11.10am - 12.00pm
- Senior Second Break 12.40 - 1.30pm
- Junior Second Break 1.30 - 2.00pm



ARUNDEL STATE SCHOOL

An Independent Public School