SANDWICHES

	Vegemite or Honey or Jam	\$3.00
	Cheese	\$3.50
	Egg or Curried Egg	\$4.00
	Ham or Chicken or Tuna	\$4.00
	Ham & Cheese	\$4.50
	Salad	\$4.50
	SANDWICH OPTIONS	
	Add Meat CHICKEN or HAM or TUNA	\$1.00
	Add Full Salad	\$2.00
	TOMATO, LETTUCE, CARROT, CUCUMBER	
	Add salad item or cheese or mayo	50c
	Bread Rollad	d \$1.00
	Gluten Free Breadad	d \$1.50
	Toasted a	dd 50c
٦		

WRAPS/SALAD

YOUR CHOICE OF BUTTER OR NUTTELEX

Salad Wrap 1/2 \$3.00 Full \$5.00
Chicken/Ham/Tuna 1/2\$4.00 Full\$6.50
Chicken Snack Wrap \$4.00
CHICKEN TENDER, LETTUCE & MAYO
Chicken Chilli Wrap\$6.50
Salad Box\$5.50
LETTUCE, CARROT, TOMATO, CUCUMBER, BEETROOT & CHEESE
CHICKEN OR HAM OR TUNA OR EGGadd \$1.00
DRESSINGadd 50c
Caesar Salad Box\$5.50
LETTUCE, BACON, PARMESAN CHEESE, CROUTONS, 1/2 EGG, DRESSING
CHICKEN add \$1.00

HOT FOOD

Corn on the Cob	\$2.50
Beef Snack Pie	\$3.50
Vegan or Vege Fried Rice (incl.egg)	\$3.50
Seasoned Potato Wedges	\$4.00
Low Fat Sausage Roll	.\$4.50
Bacon Fried Rice (incl. egg)	\$4.50
Sweet Potato Chips	.\$4.50
Macaroni Cheese	.\$5.50
Butter Chicken (opt. naan \$1.00)	.\$5.50
Meatballs & Pasta	.\$5.50
Meat Pie	.\$5.50

MEAL DEALS

TOASTIE MEAL DEAL	\$8.00
Toasted Sandwich, Water 600ml, Fresh	Fruit
CHOOSE: CHÉESE or	
HAM/CHEESE or	
CHICKEN/CHEESE or	
TUNA/CHEESE	

SAUSAGE ROLL MEAL DEAL	\$9.00
Low Fat Sausage Roll, Cake Slice, Tomato or BBQ Sauce	

CHICKEN DIPPER MEAL DEAL \$9.50 Chicken Dippers (5), Drink, Cookie, Fruit Pop, Tomato, BBQ, or Sweet Chili sauce

FROZEN TREAT

Fruit Pop / Pineapple Ring	50c
Zooper Dooper	
Frozen Fruit Stick	\$1.50
Icy Twist / Calippo	\$2.50
Low Fat Vanilla Tub	. \$2.50
Rainbow Paddle Pop	\$3.00
Watermelon Twisted Frozen Yoghurt	\$3.50

SPECIALS

TUESDAY: Chicken Dippers (5)	.\$5.00
INCL. TOMATO, BBQ OR SWEET CHILLI SAUCE	
WEDNESDAY: Chicken Burger	.\$6.50
THURSDAY: Hot Dog w/ sauce	.\$4.50
Hot Dog w/ Cheese & sauce	\$5.00
FRIDAY: Pizza (1st Break only)	\$5.50
CHEESE, HAM & CHEESE, BEEF & CHEESE, VEGETARIAN	

DRINKS

Water	250ml	\$1.50	600ml	\$2.50
Fresh I	Milk 300ml			\$2.00
Popper	r - Tropical c	r Apple o	r ABC	\$2.50
Chocol	ate or Straw	berry Mil	k	. \$3.00
GLEE /	/ Groove			\$3.50

SNACKS





HOW TO ORDER

www.flexischools.com.au
Register & follow prompts
Place orders up to 4
weeks in advance.

Daily Order cut off time 8.45am

Our Tuckshop's preferred ordering method is **Flexischools** for online ordering convenience.

We have EFTPOS, however we do not accept phone orders or offer credit.

Bag or Counter Orders

List your child's name & class
Separate bags for 1st & 2nd Break
Details of your order
Enclose the correct money
Foreign coins will not be accepted
Any change will be taped to the bag



Guidelines, which means most of our products are school approved, healthy and delicious.

SUPPORT OUR TUCKSHOP

The Tuckshop needs Volunteers to help Monday - Friday from 8.30am.

We appreciate our Volunteers and the students love to see you at school.

You can help us by sticking order labels on bags, preparing food for daily orders, serve at the counter or to assist by doing the washing up!

Lunch and drink is provided.

Call us on 5561 4844 to register your interest. We look forward to meeting you!



Thank you for your contribution to our school community in 2025.

BIRTHDAY BUCKETS

Birthday Buckets have a frozen treat for each child in the class (and the teacher too) with a balloon for the Birthday child to keep.

Only available through Online Ordering via Flexischools for Second Break.



Convenor: Suzanne Mutzelburg

Open: Monday - Friday 8.30am - 2.00pm

Phone: 5561 4844

Email: tuckshop@arundelss.eq.edu.au

BREAK TIMES

Senior First Break 10.40 - 11.10am Junior First Break 11.10am - 12.00pm Senior Second Break 12.40 - 1.30pm Junior Second Break 1.30 - 2.00pm

