

## SANDWICHES

Vegemite or Honey or Jam.....	\$2.00
Cheese.....	\$2.50
Egg or Curried Egg.....	\$3.00
Ham or Chicken or Tuna.....	\$3.00
Ham & Cheese.....	\$3.50
Salad.....	\$4.00

### SANDWICH OPTIONS

Add Meat CHICKEN or HAM or TUNA.....	\$1.00
Add Full Salad.....	\$2.00
TOMATO, LETTUCE, CARROT, CUCUMBER, BEETROOT	
Add salad item or cheese or mayo .....	50c
Bread Roll.....	add \$1.00
Gluten Free Bread.....	add \$1.50
Toasted.....	add 50c

YOUR CHOICE OF BUTTER OR NUTTELEX



## WRAPS

Salad Wrap 1/2.....	\$3.00	Full.....	\$4.50
Chicken/Ham/Tuna 1/2.....	\$4.00	Full.....	\$5.50
Chicken Snack Wrap.....	\$3.50		
CHICKEN TENDER, LETTUCE & MAYO			
Chicken Chilli Wrap.....	\$5.50		
CRUNCHY CHICKEN BREAST, LETTUCE, TOMATO, CHEESE & SWEET CHILLI SAUCE			

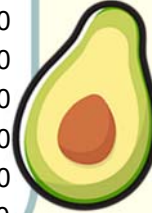
## SALAD/PACK

Salad Box.....	\$4.50
LETTUCE, CARROT, TOMATO, CUCUMBER, BEETROOT & CHEESE	
CHICKEN OR HAM OR TUNA OR EGG.....	add \$1.00
DRESSING.....	add 50c
Snack Pack.....	\$4.00
ASSORTMENT OF FRUIT & VEGE, SWEET & SAVOURY SNACKS	



## HOT FOOD

Corn on the Cob.....	\$2.20
Classic Mini Pie.....	\$2.50
Seasoned Potato Wedges.....	\$3.50
Vegetarian Fried Rice (incl. egg).....	\$3.50
Low Fat Sausage Roll.....	\$4.00
Vegetarian Burrito.....	\$4.00
Bacon Fried Rice (incl. egg).....	\$4.50
Sweet Potato Chips.....	\$4.50
Beef Burrito.....	\$4.50
Macaroni Cheese.....	\$5.00
Butter Chicken (opt. naan 50c).....	\$5.00



## MEAL DEALS

<b>GREEN MEAL DEAL</b> .....	\$6.50
Toasted Sandwich, Water 600ml, Fresh Fruit	
CHOOSE: CHEESE or HAM/CHEESE or CHICKEN/CHEESE or TUNA/CHEESE	
<b>MINI MEAL DEAL</b> .....	\$5.00
Classic Mini Pie, Mini Muffin, Mini Water 250ml, Seasonal Fresh Fruit ADD A PIE ...	
<b>SAUSAGE ROLL MEAL DEAL</b> .....	\$7.50
Low Fat Sausage Roll, Cake Slice, Drink, Tomato or BBQ Sauce	
<b>BIG PIE MEAL DEAL</b> .....	\$8.50
Large Meat Pie, Regular Muffin, Drink, Tomato sauce & Fruit Pop	

## FROZEN TREAT

Fruit Pop.....	50c		
Zooper Dooper - Half.....	40c	Full.....	80c
Frozen Fruit Stick.....	\$1.00		
Low Fat Vanilla Tub / Calippo.....	\$2.00		
Rainbow Paddle Pop.....	\$2.50		
Slushee.....	\$2.00		
Watermelon Twisted Frozen Yoghurt.....	\$3.00		

## SPECIALS

<b>TUESDAY:</b> Dippers + Veggie Sticks .....	\$4.50
INCL. TOMATO, BBQ OR SWEET CHILLI SAUCE	
<b>WEDNESDAY:</b> Chicken or Beef Burger... ..	\$6.00
CHICKEN PATTIE, LETTUCE & MAYONNAISE	
BEEF PATTIE, CHEESE, TOMATO, LETTUCE & SAUCE	
<b>THURSDAY:</b> Hot Dog w/ sauce.....	\$4.00
Hot Dog w/ cheese & sauce.....	\$4.50
<b>FRIDAY:</b> Pizza (1st Break only).....	\$5.50
CHEESE, HAM & CHEESE, BEEF & CHEESE, VEGETARIAN	

## DRINKS

Water 250ml.....	\$1.00	600ml.....	\$2.50
Fresh Milk 300ml.....	\$2.00		
Chocolate or Strawberry Milk.....	\$2.50		
Juice Popper Tropical or Apple.....	\$2.00		
GLEE Sparkling Fruit Juice.....	\$3.00		
500ml Sparkling Mineral Water.....	\$3.00		

## SNACKS

Popcorn.....	50c		
Muffin - Mini.....	40c	Regular.....	80c
Jumpy's Chips/ Boiled Egg.....	\$1.00		
Cookie / Cake.....	\$1.50		
Seasonal Fresh Fruit / Apple Slinky.....	\$1.50		
Pea Snaps/Honey Soy Chicken Chips...	\$1.50		
Yoghurt Tub or Custard Tub.....	\$2.50		
Mainland Cheese & Crackers.....	\$2.50		
Veggie Sticks / Hummus.....	\$3.50		
Seasonal Fruit Salad.....	\$3.50		
Fruit Salad w/ Custard or Yoghurt.....	\$4.00		



## HOW TO ORDER



### Daily Order cut off time 9am

Our Tuckshop's preferred ordering method is **Flexischools** for online ordering convenience.

We have EFTPOS, however we do not accept phone orders or offer credit.

#### Bag or Counter Orders

- List your child's name & class
- Separate bags for 1st & 2nd Break
- Details of your order
- Enclose the correct money
- Foreign coins will not be accepted
- Any change will be taped to the bag



Our Tuckshop provides healthy choices under the Queensland Smart Choices Food Guidelines, which means most of our products are school approved, healthy and delicious.

## SUPPORT OUR TUCKSHOP

Tuckshop is always grateful for Volunteers Monday - Friday from 9am. Lunch and drink is provided.

We adore Volunteers and your children love to see you at school.

You can help us by sticking order labels on bags, preparing food for daily orders, serve at the counter or to assist by doing the washing up!

Call us on 5561 4844 to register your interest. Please note: all Volunteers must be Vaccinated.



Thank you for your contribution to our school.

## BIRTHDAY BUCKETS

Birthday Buckets have a frozen treat for each child in the class (and the teacher too) with a balloon for the Birthday child to keep.

Only available through Online Ordering via Flexischools for Second Break.

FRUIT POP.....	\$16.00
ZOOPER DOOPER.....	\$19.00



Convenor: Suzanne Mutzelburg

Open: Monday - Friday  
8.30am - 2.00pm

Phone: 5561 4844

Email: [tuckshop@arundelss.eq.edu.au](mailto:tuckshop@arundelss.eq.edu.au)

### BELL TIMES

- Senior First Break 10.45 - 11.15am
- Junior First Break 11.15am - 12.00pm
- Senior Second Break 12.45 - 1.30pm
- Junior Second Break 1.30 - 2.00pm



**ARUNDEL STATE SCHOOL**

*An Independent Public School*