

SANDWICHES

Vegemite or Honey or Jam.....	\$2.00
Cheese.....	\$2.50
Egg or Curried Egg.....	\$3.00
Ham or Chicken or Tuna.....	\$3.00
Ham & Cheese.....	\$3.50
Salad.....	\$4.00

SANDWICH OPTIONS

Add Meat CHICKEN or HAM or TUNA.....	\$1.00
Add Full Salad.....	\$2.00
TOMATO, LETTUCE, CARROT, CUCUMBER, BEETROOT	
Add salad item or cheese or mayo	50c
Bread Roll.....	add \$1.00
Toasted.....	add 50c



WRAPS

Salad Wrap - Half.....	\$3.00	Full.....	\$4.50
Meat + Salad Wrap - Half...	\$4.00	Full...	\$5.50
CHOOSE - CHICKEN or HAM or TUNA			
Chicken Chilli Wrap.....		\$5.20	
CRUNCHY CHICKEN BREAST, LETTUCE, TOMATO, CHEESE & SWEET CHILLI SAUCE			

SALAD/PACK

Salad Box.....	\$4.00
LETTUCE, CARROT, TOMATO, CUCUMBER, BEETROOT & CHEESE	
CHICKEN OR HAM OR TUNA OR EGG.....	add \$1.00
DRESSING.....	add 50c
Snack Pack.....	\$4.00
ASSORTMENT OF FRUIT & VEGE, SWEET & SAVOURY SNACKS	



HOT FOOD

Seasoned Potato Wedges.....	\$3.50
Sweet Potato Chips.....	\$4.50
Vegetarian Fried Rice (incl. egg).....	\$3.00
Bacon Fried Rice (incl. egg).....	\$4.00
Low Fat Sausage Roll.....	\$3.50
Corn on the Cob.....	\$2.20
Macaroni Cheese.....	\$5.00
Little Classic Mini Pie.....	\$2.00
Butter Chicken.....	\$5.00



MEAL DEALS

GREEN MEAL DEAL	\$6.50
Toasted Sandwich, Water 600ml, Seasonal Fresh Fruit	
CHOOSE - CHEESE or HAM/CHEESE or CHICKEN/CHEESE or TUNA/CHEESE	
SAUSAGE ROLL MEAL DEAL	\$7.00
Low Fat Sausage Roll, Cake Slice, Flavoured Milk, Tomato or BBQ Sauce	
MINI MEAL DEAL	\$4.50
Little Classic Mini Pie, Mini Muffin, Mini Water 250ml, Seasonal Fresh Fruit	
ADD A PIE TO MEAL DEAL.....	\$1.50

FROZEN TREAT

Frozen Fruit Stick.....	\$1.20
Low Fat Vanilla Tub / Calippo.....	\$1.50
Rainbow Paddle Pop.....	\$1.70
Watermelon Twisted Frozen Yoghurt.....	\$2.50
Fruit Pop.....	50c
Zooper Dooper - Half.....	30c
Full.....	60c
Slushee.....	\$2.00

SPECIALS

TUESDAY: Dippers + Veggie Sticks	\$4.00
INCL. TOMATO, BBQ OR SWEET CHILLI SAUCE	
WEDNESDAY: Chicken or Beef Burger...	\$5.00
CHICKEN PATTIE, LETTUCE & MAYONNAISE	
BEEF PATTIE, CHEESE, TOMATO, LETTUCE, TOMATO SAUCE	
THURSDAY: Beef Burrito.....	\$4.50
BEEF MINCE W/ HIDEEN VEGE. BEANS & MEX RICE	
FRIDAY: Pizza (1st Break only).....	\$5.00
CHEESE, HAM & CHEESE, BEEF & CHEESE,	

DRINKS

Water - 250ml.....	\$1.00	600ml.....	\$2.50
Fresh Milk 300ml.....			\$1.70
Chocolate, Strawberry or Banana Milk....			\$2.50
Juice Popper Tropical or Apple.....			\$2.00
GLEE Sparkling Fruit Juice.....			\$2.50
500ml Sparkling Mineral Water.....			\$3.00

SNACKS

Seasonal Fresh Fruit / Apple Slinky.....	\$1.50
Veggie Sticks with Hummus.....	\$3.50
Seasonal Fruit Salad.....	\$3.50
Fruit Salad & Custard or Yoghurt.....	\$4.00
Yoghurt Tub or Custard Tub.....	\$2.00
Jumpy's / Boiled Egg.....	\$1.00
Red Rock Honey Soy Chicken Chips.....	\$1.50
Popcorn.....	50c
Mainland Cheese & Crackers.....	\$2.50
Muffin - Mini.....	30c
Regular.....	70c
Cookie / Cake.....	\$1.50



HOW TO ORDER



Daily Order cut off time 9am

Our Tuckshop's preferred ordering method is **Flexischools** for online ordering convenience.

We have EFTPOS, however we do not accept phone orders or offer credit.

Bag or Counter Orders

- List your child's name & class
- Separate bags for 1st & 2nd Break
- Details of your order
- Enclose the correct money
- Foreign coins will not be accepted
- Any change will be taped to the bag



Our Tuckshop provides healthy choices under the Queensland - Smart Choices Food Guidelines, which means most of our products are school approved, healthy and delicious.

SUPPORT OUR TUCKSHOP

Tuckshop is always grateful for Volunteers Monday - Friday from 9am. Lunch and drink is provided.

We adore Volunteers and your children love to see you at school.

You can help us by sticking order labels on bags, preparing food for daily orders, serve at the counter or to assist by doing the washing up!

Please call us on 5561 4844 to register your interest.

Thank you for your contribution to our school.



BIRTHDAY BUCKETS

Birthday Buckets have a frozen treat for each child in the class (and the teacher too) with a balloon for the Birthday child to keep.

Only available through Online Ordering via Flexischools.

FRUIT POP.....	\$16.00
ZOOPER DOOPER.....	\$19.00



Convenor: Suzanne Mutzelburg

Open: Monday - Friday
8.30am - 2.00pm

Phone: 5561 4844

Email: tuckshop@arundelss.eq.edu.au

BELL TIMES

- Senior First Break 10.45 - 11.15am
- Junior First Break 11.15am - 12.00pm
- Senior Second Break 12.45 - 1.30pm
- Junior Second Break 1.30 - 2.00pm



ARUNDEL STATE SCHOOL

An Independent Public School